

Alumni Stadium (Varsity Football Field).

Rosters will be unlimited. However, only 12 shirts and mugs are available for the eventual champions.

Games will consist of six (6) vs six (6). Teams must have a minimum of four (4) players to start a game, three (3) of which must be female (an absent 3rd female can not be substituted for a 4th male player). If a team only has 2 female players present, that team may only play 2 male players at a time (A total of 4 players). If for any reason the number drops below this, the team will be forced to forfeit. A team can only claim a forfeit win if they have the minimum amount of players present at the time f

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Occurs when a pass is not completed (dropped, hits the ground, falls out of bounds, blocked, or intercepted:

: The receiver must have two feet in the end zone while in possession of the disc to score. If momentum carries the receiver into the end zone, they must bring the disc back to the closest point on the goal line and put the disc into play.

: A disc is out of bounds when it first contacts an out of bounds area or contacts anything which is out of bounds. For a receiver to be considered in bounds after gaining possession of the disc he/she must have the first point of contact with the ground completely in bounds. Should the momentum of a player carry him/her out of bounds after making a player and landing in bounds, the player is considered bounds. The player carries the disc to the point where he/she went out of bounds and puts the disc into play at that point.

The thrower may pivot

Fouls and violations result in a change of possession. Fouls are the result of physical contact